

## Name of Course: Graduate Certificate of Lifestyle Medicine **Course Code:** 1008441 **Delivery location**: Online Subject Subject **Pre-regs/ Anti-regs Subject Name** Online Code Type First Year Principles & Practice of Lifestyle Medicine HLTH5006 12 Theory Nil I: Foundations Principles & Practice of Lifestyle Medicine HLTH5007 12 Theory HLTH5006 2: Clinical **Processes** Principles & Practice of Lifestyle Medicine HLTH6003 12 Theory HLTH5006; HLTH5007 3: Planning and Management Optional Unit (see 12 Theory Nil below) **Optional Units** Psychological & Environmental HLTH6004 12 Nil Theory Influences on Health Self-management HLTH6005 12 Theory Nil and Chronic Disease **Course Totals** 48

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