

CSAT: Insertion of **Urinary Catheter**

Bachelor of Midwifery

Suggested Time Allocated to Assessment: 15 minutes depending on woman's needs

Section 1: Student Details - (Student to complete Section 1 & 5)

Surname		First name			
Student number	Year of study		Date		
Course code and title	-		Time		
Facility name		Name (Assessor)			
Section 2: Performance Cri	teria – (Educator/r	mentor to complete	Section 2, 3 an	d 4)	
Deleted Committee and			V	NI -	NI/A

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Related Competency	Yes	No	N/A
Demonstrates good time management skills throughout			
Adheres to standard precautions			
Identifies indication, checks womans identity and ensures informed consent gained			
Maintains womans dignity and privacy throughout			
Gathers equipment and places on a dressings trolley or suitable working surface:			
Sterile urinary catheter pack			
Sterile Foley Catheter (10-12 C)			
Sterile drainage bag and tape			
• 2 pairs sterile gloves			
Sterile sachet normal saline			
Disposable sheet			
Light source			
Tray/trolley			
Correctly assists the woman into a suitable position. Positions the light appropriately			
Opens catheter pack			
Opens inner wrapper, places catheter, syringe, sterile bag and gloves maintaining a sterile field onto open pack. Puts gel into receptacle and normal saline for cleaning into other portion of receptacle. Asks assistant to open water for the balloon. Connect syringe to draw up water using sterile technique. Normal Saline into bowl, exposes tip of catheter only, places nozzle in gel.			

Related Competency	Yes	No	N/A
Asks assistant to uncover the woman			
Establishes sterile field by placing sterile drape beneath woman's buttocks and one over her abdomen			
Using non-dominant hand, separates the labia with gauze swabs, cleans the vulva using each swab only once, cleaning front to back			
Locates urethra, inserts anaesthetic gel and waits for this to take effect, removes top pair of gloves			
Using non-dominant hand parts and holds labia with a gauze swab whilst passing the catheter gently and smoothly in an upwards and backwards direction into the urethra until urine begins to flow, maintains sterility by pulling back the plastic wrapper as the catheter is advanced, inserts catheter a further 5 cm after urine is seen			
Inflates the balloon by syringe, applies the clamp/removes the syringe, removes the plastic wrapper, places catheter into sterile receiver and attaches drainage bag and secures drainage bag appropriately			
Assists the woman into a comfortable and appropriate position			
Discusses immediate needs and ongoing care with woman and/or consults and collaborates with relevant maternity care provider as appropriate			
Documents care and procedure			
Cleans/returns/disposes of equipment appropriately			

Section 3: Overall Performance Rating

Satisfactory: A student is marked as satisfactory if they met all of the criterion that are appropriate in the particular circumstances.

Needs Development or Unsatisfactory: Educators/Mentors are required to complete and attach a 'Midwifery Practice Development Report' (student has copies in their Professional Experience Portfolio) which explains the reason/s for Needs Development (N/D) or Unsatisfactory (U) tick. If Needs Development is the result, the CSAT and a Needs Development Report are to be given to the student facilitator to forward to the Midwifery PEL at SCU. The student will attempt the CSAT again at a later date.

Satisfactory (S)

Needs Development (N/D)

Unsatisfactory (U)

Student has attained required level of proficiency and is considered competent

Needs Development (N/D)

Student needs to practice/develop there is a satisfactory reason for this element to be omitted in this instance

Section 4. Assessor Comments	
Assessor's Name	Assessor's Signature and Date
Section 5: Student Comments	
Student Signature	Date

Instructions for completing: The assessor and student complete the practice assessment tool together.

ePortfolio: Please scan and save your completed practice assessment in the relevant section of your ePortfolio and evidence towards MPR and ANMAC experiences.

Paper Portfolio: Please scan and submit your completed practice assessment as evidence of achievement of clinical requirements for the Midwifery Practice Review.