

**Suggested Time Allocated to Assessment:** As required to meet woman's needs. Students are to be assessed on the 'hands-off' Approach to breastfeeding (Also called the Mammalian approach by expert lactation consultants).

## Section 1: Student Details – (Student to complete Section 1 & 5)

Surname		First name	
<input type="text"/>		<input type="text"/>	
Student number	Year of study	Date	
<input type="text"/>	<input type="text"/>	<input type="text"/>	
Course code and title			Time
<input type="text"/>			<input type="text"/>
Facility name		Name (Assessor)	
<input type="text"/>		<input type="text"/>	

## Section 2: Performance Criteria – (Educator/mentor to complete Section 2, 3 and 4)

Related Competency	Yes	No	N/A
Maintain privacy and confidentiality throughout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Demonstrates accurate clinical reasoning and prudent judgment throughout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Adheres to standard precautions throughout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Body language, eye contact, voice and expression indicate non-judgmental positive regard for the woman and baby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Uses language that is readily understood and communicates effectively to maximize information sharing and facilitates understanding and decision-making by the woman	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inquires about the woman's experience with breastfeeding and responds sensitively and appropriately	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educates and/or supports and encourages the woman and baby in the principles of mammalian breastfeeding (as needed)			
<ul style="list-style-type: none"> <li>warm, comfortable, well supported positions for woman and baby</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>relaxed, unhurried atmosphere, plenty of time for cooing and cuddling</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>skin to skin (or lightly dressed; not wrapped)</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>baby's body is naturally supported by the woman's posture when breastfeeding</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>the breast and baby's head and neck are not contorted</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>recognizes and waits for feeding cues before offering the breast (crying is a late sign of hunger)</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>give the baby time to find the breast and self attach with minimal breast offering by the woman</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>encourage unrestricted access to the breast for feeding and comfort</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<ul style="list-style-type: none"> <li>cluster feeding is normal and should cause no concern as long as the baby is sometimes quiet and peaceful</li> </ul>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Related Competency	Yes	No	N/A
Assesses the effectiveness of feeding by using observation and communication skills including recognising deviations from normal and sensitive problem solving , if needed	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assesses and reports on the effectiveness of the baby's latch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Assesses, interprets and correctly comments on the episode of breastfeeding including awareness of let-down, fore milk and hind milk from the perspective of the woman and the baby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
After baby self-detaches, encourages the woman to allow time for rest and digestion and then stimulates the baby to wake up and feed on the remaining breast	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Invites woman to ask questions and respond appropriately	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Works with the woman to fine tune the breastfeeding experience including (as relevant) preventing, recognising and responding to common early challenges:			
• sore or cracked nipples	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• engorgement and/or mastitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• concern about adequacy of milk supply	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• unsettled baby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• sleepy baby	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• possible tongue tie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Effectively consults and/or refers care of the woman/baby if appropriate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cleans and disposes of gloves (if needed) and washes hands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Engages in health education related to normal newborn needs, behaviour and care (as appropriate)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Reports and/or documents the interaction appropriately	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### Section 3: Overall Performance Rating

Satisfactory: A student is marked as satisfactory if they met all of the criterion that are appropriate in the particular circumstances.

Needs Development or Unsatisfactory: Educators/Mentors are required to complete and attach a **'Midwifery Practice Development Report'** (student has copies in their Professional Experience Portfolio) which explains the reason/s for Needs Development (N/D) or Unsatisfactory (U) tick. **If Needs Development is the result, the CSAT and a Needs Development Report are to be given to the student facilitator to forward to the Midwifery PEL at SCU.** The student will attempt the CSAT again at a later date.

Satisfactory (S)

Needs Development (N/D)

Unsatisfactory (U)

Student has attained required level of proficiency and is considered competent

Student needs to practice/develop skills to obtain ACHIEVEMENT

There is a satisfactory reason for this element to be omitted in this instance

## Section 4: Assessor Comments

Assessor's Name

Assessor's Signature and Date

## Section 5: Student Comments

Student Signature

Date

**Instructions for completing:** The assessor and student complete the practice assessment tool together.

**ePortfolio:** Please scan and save your completed practice assessment in the relevant section of your ePortfolio and evidence towards MPR and ANMAC experiences.

**Paper Portfolio:** Please scan and submit your completed practice assessment as evidence of achievement of clinical requirements for the Midwifery Practice Review.