

MIDWIFERY

NURSING



Asha Midson (right), Bachelor of Midwifery student.



SCHOOL OF HEALTH & HUMAN SCIENCES

The School of Health and Human Sciences produces capable and creative health practitioners and researchers, prepared for work in Australia's growing health and human sciences sector.

Courses are innovative and industry-relevant, and developed in conjunction with professional organisations to ensure they meet appropriate accreditation requirements.

The School is committed to ensuring students undertake professional experience placements in the industry, as an integral part of their course, to provide them with a practical understanding of their chosen field and the opportunity to gain experience working in clinical teams in multidisciplinary settings.

The University also operates the SCU Health Clinic at the Lismore and Gold Coast campuses, providing health services to students, staff and the general public as well as a facility for students to undertake clinical practice under the supervision of qualified practitioners.

Studying at SCU

Studying at Southern Cross University involves a range of learning experiences. It can vary based on your course of study, your location and your mode of study.

You may take part in face-to-face lectures, workshops and tutorials, video-conferenced lectures, podcasts, online units and discussion forums using cutting-edge technologies. You can bring your own device onto campus and use SCU's extensive wireless network or access study materials off-campus as long as you have an internet connection.

Students in all health degrees have access to world-class facilities featuring specialised labs for tuition, practical hands-on training and research. The mobile laboratory (Sim Truck) and accommodation trailers are also used when necessary, to support students on workplace training in rural or remote areas.

For a short video about the School of Health and Human Sciences, visit: scu.edu.au/healthscience

Why study at SCU?

★ Ranked in the top 500 universities in the world.
Times Higher Education World University Rankings 2015-2016



- ★ Outstanding research achievements. Rated 'at world standard' or above in 24 research areas.
Excellence in Research for Australia 2015 (ERA)
visit: scu.edu.au/era
- ★ Rated 'well above world standard' in Nursing; and Complementary and Alternative Medicine. Rated 'above world standard' in Human Movement and Sports Science; and Medical and Health Sciences.
- ★ Hands-on experience and technical support in specialist health laboratories and simulated wards.
- ★ Degrees accredited with statutory bodies.
- ★ Practical professional experience in the workplace during your studies.
- ★ Inter-professional and shared learning to create better prepared clinical teams.

Degrees which put you in the workplace

In nursing and midwifery degrees, professional placement during the course is an industry requirement in order for students to be able to pursue professional recognition in their chosen discipline after they graduate.

Nursing students undertake supervised clinical placements in settings relevant to their areas of study in hospitals and health agencies.

Midwifery students are required to undertake supervised placements to gain experience in woman-centred continuity-of-care to women across their pregnancies.

Professional experience placements require students to fulfil certain prerequisites prior to attending placement (e.g. a working with children check and National Police Certificate). Prior to applying for a course offered by the School of Health and Human Sciences, please consider the important information regarding these requirements, available at scu.edu.au/healthplacements

BACHELOR OF MIDWIFERY

Midwives are responsible for the care of women and babies during pre-pregnancy, pregnancy, labour, birth and the early infancy period. They provide direct clinical care and support for healthy women and babies and also work collaboratively with doctors and other members of a health care team when there are risks or complications.

The Bachelor of Midwifery is specifically designed to develop graduates for entry to professional midwifery practice. The course develops graduates with skills, knowledge and attitudes to provide high quality woman-centred care through safe and effective midwifery practice in accordance with the Australian Nursing and Midwifery Council National Competency Standards for the Midwife.

Graduates are equipped to apply sound evidence-based reasoning skills to their midwifery practice; work in continuity-of-care models in partnership with women; and collaborate effectively in multidisciplinary teams to promote effective outcomes. The degree aims to produce graduates with the capability, confidence and flexibility to adapt to changes and contribute to innovation in the midwifery profession and the health care system, focusing on women and their needs through a primary health care approach.

A pathway exists for some Registered Nurses to complete the Bachelor of Midwifery in a shorter time. Visit: scu.edu.au/courses and search Bachelor of Midwifery.

Major areas of study

Studies include:

- Anatomy and physiology
- Midwifery theory and practice
- Primary health care
- Psychosocial sciences
- Women's health

Professional recognition

The Bachelor of Midwifery is approved by the Nursing and Midwifery Board of Australia and provides the necessary qualification for graduates to be eligible to register and practise as a midwife in Australia. (Further training is required to work as a privately practising midwife.)

Professional placement

Students are required to undertake about 1 000 hours of supervised placements that will enable them to focus on woman-centred care and provide continuity-of-care with women throughout their pregnancies; attend antenatal and postnatal assessments/visits with women; provide direct care to women during labour; assist women during birth; support women and their babies with diverse needs across pregnancy, labour and birth, and the postnatal period; and experience the full scope of midwifery practice, visit: scu.edu.au/healthplacements

Facilities and resources

Students access electronic resources, medical technology, and the anatomy and physiology lab. The midwifery birth suites are designed to simulate childbirth environments from natural childbirth to high dependency births. Students utilise highly specialised equipment and practise on anatomical/simulation models, including the hi-fidelity SimMum interactive mannequin. Students also have access to a purpose-built neonatal care environment, visit: scu.edu.au/healthlabs

Your career

Registered midwives may practise midwifery in various capacities in public and private hospitals and community, maternity and neonatal health care settings in urban, rural and remote areas. They can practise as group practice midwives, clinical midwifery consultants, midwifery educators, midwifery unit managers, community midwives, researchers, and as independent midwives (with further training). They can work in any state of Australia and in New Zealand.

Summary

Locations: Gold Coast, Coffs Harbour

Duration: 3 years full-time or 6 years part-time

UAC codes: GC – 335167, CH – 335153

QTAC codes: GC – 055861, CH – 055451

Total units: 24 | **Indicative ATAR:** 90 | **Indicative OP:** 6



Tobie Buckley
Midwife, Cairns Base Hospital
Bachelor of Midwifery

“Being a midwife is the most amazing experience. You play an integral role in welcoming new life into the world by supporting women and families during such a profound life event. It’s a very special feeling.

“Studying midwifery at SCU’s Gold Coast campus provided me not only with the clinical knowledge I need to be a great midwife, but also a holistic approach and woman-centred approach to childbearing. The teachers are passionate about what they do and in turn produce passionate graduates.

“Midwifery at SCU is hands-on and enabled me to complete clinical placement in many different models of care ranging from hospitals to birth centres to publicly-funded home birth programs.

“The facilities are state-of-the-art and the focus on group work and clinical supervision creates strong bonds within the student cohorts. I’ve formed lifelong friendships.

“When you’re a midwife you see miracles every day. If you want an inspiring study experience I can’t recommend SCU enough.”



BACHELOR OF NURSING

The Bachelor of Nursing provides a combination of foundational science, professional knowledge and clinical experiences to comprehensively prepare graduates for a career in nursing and health. The degree aims to produce graduates with the competence, confidence and flexibility to adapt to changes and contribute to innovation in the nursing profession and the health care system.

Graduates are equipped to apply sound, evidence-based reasoning skills to their nursing practice and future career, provide therapeutic person-centred care to patients, coordinate nursing care to individuals and groups, and work independently as well as collaborate in multidisciplinary teams for effective outcomes.

Major areas of study

The course is responsive to contemporary nursing practices and provides content and clinical experiences as follows:

Professional areas: critical thinking and analysis, provision and coordination of person-centred care, independent and collaborative care, primary health care, mental health, acute and complex care, chronic disease management, palliative care, leadership and care management, aged care.

Biological sciences: anatomy, physiology, patho-physiology and pharmacology.

Social sciences: Australian health care system, Indigenous studies, philosophy, psychology and sociology for health sciences, legal and ethical studies, and research methods.

Professional recognition

The Bachelor of Nursing is accredited by the Nursing and Midwifery Board of Australia and provides the necessary qualification for graduates to be eligible to become a Registered Nurse in Australia.

Professional placement

Supervised clinical placements provide students with experiences of nursing (totalling about 850 hours) in settings relevant to their areas of study in government and private hospitals and health agencies. This may include acute and low care health facilities; community settings; mental health facilities; extended residential aged care; GP practices; health promotion and education; intensive care; health clinics; accident and emergency; palliative care; primary health care settings and related nursing and health services within metropolitan, regional and rural areas throughout NSW and south-east QLD, visit: scu.edu.au/healthplacements

Facilities and resources

A range of online and electronic technologies are used to conduct and support the delivery of this course. Students have access to state-of-the-art clinical and electronic teaching resources. High and low fidelity simulations are used to replicate clinical environments for safe rehearsal of clinical reasoning and skill development. Students also have access to science, anatomy and physiology laboratories that provide a range of scientific and diagnostic equipment and interactive software, visit: scu.edu.au/healthlabs

Your career

As a registered nurse in a range of public and private health sectors; in clinical settings such as paediatrics, community health and education; as a practice nurse in GP clinics, mental health, child care, aged care, perioperative care, Indigenous health, rural and remote area health and emergency departments.

Summary

Locations: Gold Coast, Lismore, Coffs Harbour

Duration: 3 years full-time or 6 years part-time

UAC codes: GC – 335164, L – 335101, CH – 335151

QTAC codes: GC – 055471, L – 055011, CH – 055151

Total units: 24 | **Indicative ATAR:** 68 | **Indicative OP:** 14

BACHELOR OF NURSING

Enrolled Nurse to Registered Nurse pathway*

This pathway program is for Enrolled Nurses – graduates of the HLT51612 Diploma in Nursing (Enrolled-Division 2 Nursing) or equivalent qualification. A specifically designed course of study acknowledges previous learning and enables Enrolled Nurses to complete the Bachelor degree in two years full-time or four years part-time. Students who qualify for admission will receive advanced standing (credit) in recognition of their diploma study and complete the equivalent of four specifically designed conversion units alongside the remaining second year units. Students will also complete 600 hours of professional placement.

*Accreditation by the Nursing and Midwifery Board of Australia pending.

Summary

Locations*: Gold Coast, Lismore, Coffs Harbour

Duration: 2 years full-time or 4 years part-time

Total units: 15 | **ATAR and OP:** Not applicable

Apply online direct to the University

**Two core units are delivered via blended learning which includes compulsory intensive on-campus workshops offered at the Gold Coast only: 'Foundations to Nursing' includes a one-week full-time intensive in Session 1 during Week 1; and 'Nursing Practices' includes a two-week full-time intensive in Session 2 during Weeks 1 and 2.*



Mitchell Turner

**Senior registered nurse (resuscitation), St Vincent's Hospital, Darlinghurst
Bachelor of Nursing**

Mitchell Turner gets his daily fix of adrenaline in the busy emergency department at St Vincent's Hospital, Sydney. In just a few short years, he has risen from a graduate position to senior resuscitation nurse.

"As a senior registered nurse at a resuscitation level I can work anywhere, from acute cubicles to team leader, all the way up to one of the primary resuscitation nurses in an emergency situation. Working as an acute team leader, I'm in charge of a team of two nurses where we care for between eight and 12 patients. When I'm in the emergency department, another nurse and I are responsible for the three resuscitation bays used to treat category 1 (severely injured and sick) patients. We have everything and anything coming in: strokes, heart attacks, stabbings, shootings, motor vehicle accidents, people falling off cliffs, and alcohol and drug-related injuries and attacks. No two days are the same.

"Some people like jumping out of planes. For me it's the exact same adrenaline rush working in emergency. As soon as that 'Bat phone' goes off my heart starts beating 100 beats per minute. I love the challenge of making decisions in a high

pressure situation."

While Mitchell was completing third-year clinical hours in the Coffs Harbour Base Hospital emergency department, he had a conversation with a St Vincent's locum doctor who encouraged him to specialise in emergency nursing in Sydney.

"I wanted to move to the Big Smoke to challenge myself and haven't looked back. Once I got the 12-month graduate position at St Vincent's I then set my goals on a resuscitation position and did everything and anything to get there. I pushed myself really hard, so I'm ahead of time in terms of being a senior nurse at this stage of my career."

Mitchell has featured in the television documentary series, Kings Cross ER: St Vincent's Hospital.

"The filming of series three started when I first moved into resuscitation. The crew got footage of some major emergency cases and focused on me and two other male nurses and did lengthy interviews with us about our experiences. Being part of that TV series was totally unexpected but I loved it. It just goes with the job. You never know what's going to happen."

Key dates for 2017 entry

SCU has a teaching calendar of three sessions.

Depending on the course of study, this can enable students to spread their study load, or to accelerate and complete their degree in less time than the usual duration indicated on the course pages.

All dates in the table opposite are provisional only and may be subject to change. For the most up-to-date information visit the SCU teaching calendar page at: scu.edu.au/teachingcalendar

UAC and QTAC dates may also be subject to change. For the latest information visit:

www.uac.edu.au

www.qtac.edu.au

Also note that late UAC and QTAC applications incur an extra fee.

CAMPUS TOURS AVAILABLE ALL YEAR ROUND

T: 1800 626 481 **E:** campustours@scu.edu.au

Rising Stars Scholarship applications for 2017	Open July 2016 Check website for closing dates: scu.edu.au/scholarships
UAC and QTAC on time applications for 2017 entry (Session 1)	Open early August 2016 Close late September 2016
STAR Entry Scheme opens	Early July 2016
STAR Entry Scheme offers	Early December 2016
SCU Info Days	2, 7 and 9 December 2016
UAC and QTAC main round offers	Mid January 2017 <i>For the full list of offer rounds visit the UAC and QTAC websites</i>
Session 1 teaching dates	27 February – 26 May 2017
Orientation	22 – 24 February 2017
Session 2 teaching dates	10 July – 6 October 2017
Orientation	5 – 7 July 2017
Session 3 teaching dates	6 November 2017 – 31 January 2018
Orientation	1 – 3 November 2017

5 steps to SCU

1 Choose a course



scu.edu.au/courses

2 Find out more



campustours@scu.edu.au
scu.edu.au/yourfuture
E: futurestudent@scu.edu.au
Freecall: 1800 626 481

3 Apply



To study on campus (full-time or part-time) apply via UAC www.uac.edu.au or QTAC www.qtac.edu.au

4 Accept your offer



scu.edu.au/gettingstarted

5 Enrol in units



scu.edu.au/enrol

International students

Southern Cross University welcomes international students. This guide however is not intended for their use. International students should contact SCU International.

W: scu.edu.au/international

E: intoff@scu.edu.au

T: 02 6620 3876



School of Health & Human Sciences

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