ABCs of collecting and sending ‘hair samples’ to EAL

A

Sample Collection and Preservation

- **Min of 0.2-0.4g of hair**, equivalent to one heaped teaspoon
- Hair should be clean, preferably washed with baby shampoo, well rinsed and dried. Cut small amounts of hair from the nape of the neck, cutting close to scalp.
- **Place hair in a clean zip lock plastic bag or envelope**
- Identification and date of sample needs to be on the sampling bag.

B

Complete EAL Chain of Custody (COC)

- Download COC and Price List from the EAL website [www.scu.edu.au/eal](http://www.scu.edu.au/eal)
- Complete all relevant details on COC
- Cheque, EFT and credit card are the preferred methods of payment
- Use Test codes from the Price List eg SS-PACK-050 with payment of $88 inc. GST per hair sample (see below for details).

**NOTE**: The SS-PACK-050 is the Hair Tissue Mineral Analysis (HTMA) and includes the Acid Digest and ICPMS analyses of Calcium, Magnesium, Potassium, Sodium, Sulfur, Phosphorus, Silver, Aluminium, Arsenic, Cadmium, Chromium, Copper, Iron, Manganese, Nickel, Lead, Selenium, Zinc, Mercury, Boron, Lithium, Cobalt, Molybdenum, Strontium, Bismuth, Barium, Uranium, Thorium, Thallium, Vanadium, Beryllium and Antimony

C

Package and Send Samples

- Package sample(s) in a postpak, suitable envelope or small box
- Enclose COC in a sealed plastic sleeve along with any other instructions or information
- Send or deliver to EAL (postage and courier labels below).

(results with guidelines will be supplied by email)

POSTAGE ADDRESS:

TO: SOUTHERN CROSS UNIVERSITY
Environmental Analysis Laboratory (EAL)
PO BOX 157
LISMORE NSW 2480

EAL Contact No. **02 6620 3678** or Graham Lancaster Mob: **0419 984 088**

NOTE: URGENT DELIVERY OF SAMPLES FOR TESTING

COURIER ADDRESS:

TO: SOUTHERN CROSS UNIVERSITY
Environmental Analysis Laboratory (EAL)
Ground floor, N Block, Military Road
EAST LISMORE NSW 2480

EAL Contact No. **02 6620 3678** or Graham Lancaster Mob: **0419 984 088**

NOTE: URGENT DELIVERY OF SAMPLES FOR TESTING