BLOOD AND BODY FLUID (BBF) EXPOSURE ACTION PLAN

**Skin**
Immediately wash with soap and water

**Eye**
Rinse gently but thoroughly with water with eyes open

**Mouth**
Spit out and rinse mouth thoroughly with water

**Needlestick / sharps injury**
Allow wound to bleed. Immediately wash with soap and water

Assess risk of blood-borne virus transmission

**Negligible Risk**
(no breaks in skin, sharp not contaminated with BBF)

**Lower Risk**
(BBF contamination to broken skin, eye, mouth)

**Higher Risk**
(Source Hep B, C, or HIV positive, needle breaks skin)

NO FURTHER IMMEDIATE ACTION

IMMEDIATELY CONTACT:
Doctor or Hospital

Adapted from the South Australian Health Commission's Blood and Body Fluid (BBF) Exposure Action Plan